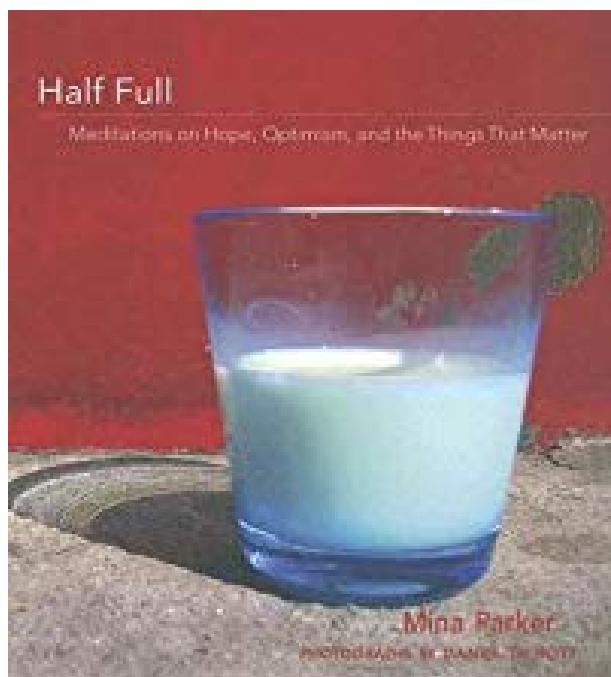


Half Full: Meditations on Hope, Optimism, and the Things that Really Matter



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This collection of quirky and wise meditations is based on quotes from famous luminaries and accompanied by 42 offbeat color photos of everyday objects--such as glasses that are half-full--that infuse resolve and optimism into daily life.