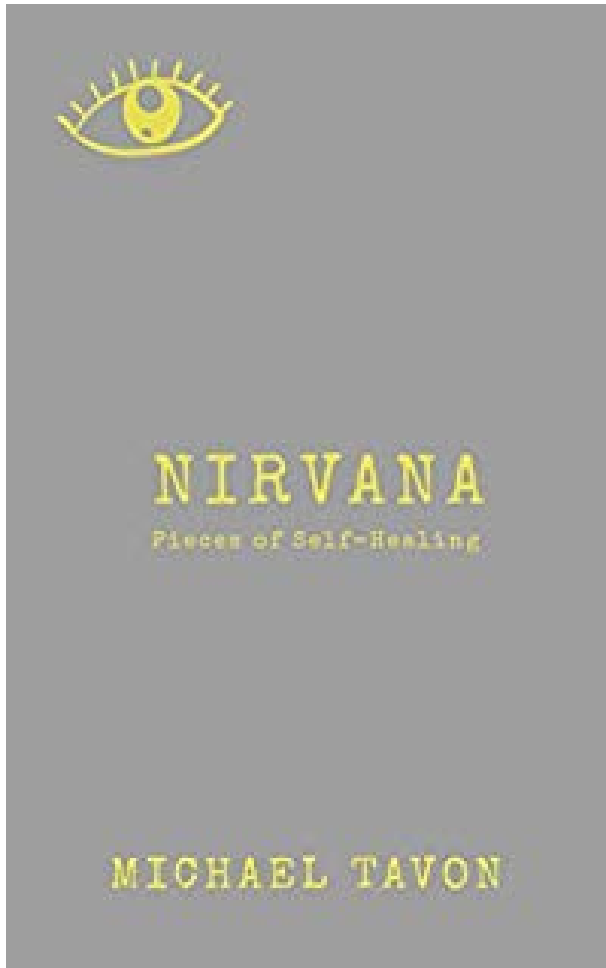


Nirvana: Pieces of Self- Healing (Poetry & Prose)



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Author:	Michael Tavon

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Nirvana is a compilation of hauntingly beautiful pieces by Michael Tavon. The author discusses, regret, anxiousness, racial issues, craving for love, and much more. Tavon gets deeply personal and introspective, in hopes of helping those who are in need of self-healing too. "Entrapped inside your Heart-shaped box For lonely years You've left me here To survive off hope and tears I know your return is unlikely Unlike me, You have a gift Of hurting others with a smile Luring your victims Into the traps of your eyes I enjoy this place Although it's often cold It has pockets of warmth In your Heart-Shaped Box I'll forever be stored Waiting for you Love me more Than August loves to storm."