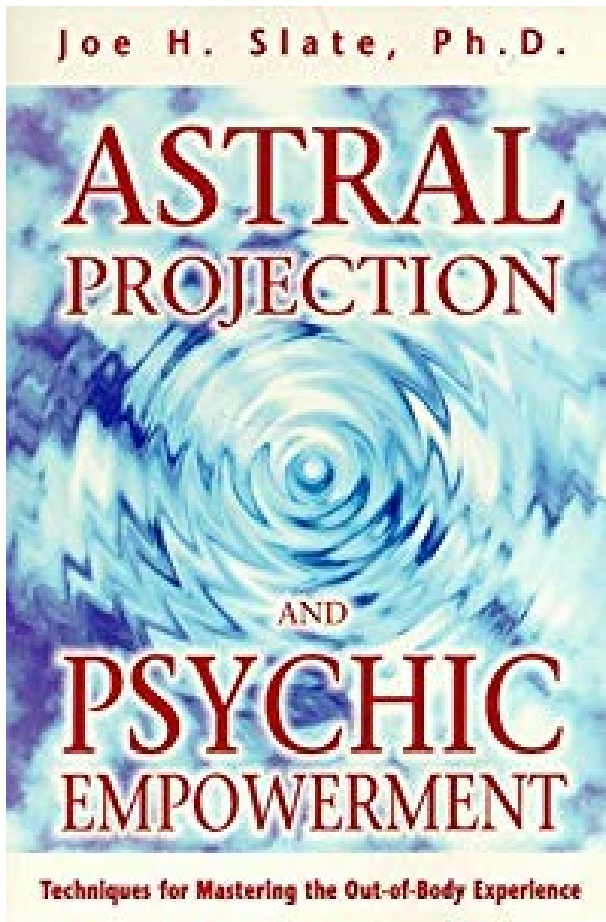


Astral Projection and Psychic Empowerment: Techniques for Mastering the Out-Of-Body Experience



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To have an out-of-body experience (an OBE) is to bring a new meaning to existence. No other phenomenon is so steeped in mystery, or so potentially empowering. This book presents techniques to maximize and even to exceed the mind's powers, culminating in a seven-day plan to unleash the potential. From the basic steps to the to the full flights of OBE's, this book can lead you to the highest realms of cosmic power.